



STEVEN J. TUNNELL, DC, DACBSP, CSCS
Diplomate, American Chiropractic Board of Sports Physicians
Certified Strength and Conditioning Specialist

EDUCATION

GRADUATE

Cleveland Chiropractic College, Los Angeles 1989-1993
Degrees: D.C. Doctor of Chiropractic

UNDERGRADUATE

California State University, Northridge 1988-1989

Moorpark College, Moorpark, California 1985-1987

West Coast College, Los Angeles, California 1989

CERTIFICATIONS

Certified Strength and Conditioning Specialist: 1995
National Strength and Conditioning Association

Certified Chiropractic Sports Physician 1995
American Chiropractic Board of Sports Physicians

Educational Program for Musculoskeletal Evaluation and Rehabilitation 1995
University of California, San Diego – Department of Orthopedics

Qualified Medical Examiner 2000
Industrial Medical Council

Diplomate of the American Board of Sports Physicians 2002
American Chiropractic Board of Sports Physicians

PROFESSIONAL PRACTICE

Soft Tissue Center at D.I.S.C., Marina del Rey, Calif.
(Horrigan Sports Chiropractic and Soft Tissue Center)
1995— Present
Staff Chiropractor

Steven J. Tunnell, DC, Sherman Oaks, California
1993-present
Private Practice

Bliss Chiropractic
1993-1995
Staff Chiropractor

PROFESSIONAL SOCIETIES

American Chiropractic Board of Sports Physicians
National Strength and Conditioning Association

CLINICAL EXPERIENCE

Cleveland Chiropractic Health Clinic, Los Angeles, CA *Internship Musculoskeletal diagnosis, Chiropractic Manipulative Therapy, physiotherapy	1992-1993
Bliss Chiropractic, Thousand Oaks, CA Staff Chiropractor Radiologic procedures, Neuromusculoskeletal diagnosis, Chiropractic Manipulative Therapy, physiotherapy	1993-1995
Horrigan Sports Chiropractic, Los Angeles, CA Staff Chiropractor Neuromusculoskeletal diagnosis, soft tissue mobilization, Chiropractic manipulative therapy, physiotherapy	1995-present
Steven J. Tunnell, DC, Sherman Oaks, CA Private Practice Clinical Diagnosis of musculoskeletal conditions, soft tissue mobilization, chiropractic manipulative therapy	1993-present

FIELD EXPERIENCE

Bellarimie-Jefferson High School Burbank, CA Team Chiropractor/Trainer - Football	2006-2008
United States Olympic Training Center USA Weight Lifting Colorado Springs, Colorado	2003
Long Beach Ice Dogs, International Hockey League Long Beach, CA Team Chiropractor	1999-2000
Long Beach Ice Dogs, International Hockey League Long Beach, CA *Staff Doctor	1997-1998
Association of Volleyball Professionals Tour, Redondo Beach CA Medical Director-Douglas Andersen DC, DACBSP *Staff Doctor	1998
Los Angeles Invitational Indoor Track Meet Los Angeles Memorial Sports arena *Staff Doctor	1998
National Aerobics Championships Los Angeles CA *Staff Doctor	1997
US Tae Kwon Do Junior Olympics Los Angeles, CA *Staff doctor	1995

RESEARCH AND PRESENTATIONS

A Professional Volleyball Player with elbow pain-an atypical presentation of cervical disc protrusion
David Velasquez DC, CCSP, **Steven J. Tunnell DC, DACBSP**, Melissa A. Nagare DC, LAc, Soft Tissue
Center at DISC, Marina Del Rey, CA
Poster presentation
ACBSP Chiropractic Sports Sciences Symposium
San Diego, CA 2009

Case series: abdominal muscle injuries in athletes
Joseph M Horrigan, DC, DACBSP; **Steven J. Tunnell, DC, DACBSP**; David Velasquez, DC, CCSP.
[Leonard Schroeder Award for Best Original Research Abstract]
Podium presentation
ACBSP Chiropractic Sports Sciences Symposium
Weston, FL, May 2008

RESEARCH AND PRESENTATIONS continued

Reduction of Achilles tendonitis symptoms following the ingestion of creatine monohydrate: a case study. Joseph M. Horrigan, DC, DACBSP; **Steven J. Tunnell, DC, DACBSP**; David Velsaquez, DC, Keedrick Gardner.

Podium presentation
ACBSP Chiropractic Sports Sciences Symposium
Minneapolis, MN, April 2007

Incidental Findings of Pleural Infection in a Recreational Weight Trainee: A case study.
Joseph Horrigan, DC, DACBSP; **Steven Tunnell, DC, DACBSP**; David Velasquez, DC; Richard Fox, DC, DACBSP. Soft Tissue Center at DISC, Marina Del Rey, CA.

Poster presentation
ACBSP Chiropractic Sports Sciences Symposium
Minneapolis, MN April 2007

Infrapatellar Neuropathy of a Symptomatic Medial Meniscus tear: A case study
Joseph M Horrigan, DC, DACBSP, Soft Tissue Center at Diagnostic and Interventional Spinal Care, Marina Del Rey, CA, SCUHS, Whittier, CA; Edward Carden, MD, Diagnostic and Interventional Spinal Care, Marina Del Rey, CA; **Steven J. Tunnell, DC, DACBSP**; David Velasquez, DC, Soft Tissue Center at Diagnostic and Interventional Spinal Care, Marina Del Rey, CA;

Poster presentation
ACBSP Chiropractic Sports Sciences Symposium
Minneapolis, MN April 2007

Resolution of an Acute Rotator Cuff Strain with Biofeedback/Tens and Soft Tissue Mobilization in a Powerlifter: A Case Study. Joseph M. Horrigan, DC, DACBSP, **Steven J. Tunnell, DC, DACBSP**, Soft Tissue Center at Diagnostic and Interventional Spinal Care, Marina del Rey, CA; Garnet Dupuis, MT, Santa Monica, CA.

Poster presentation
ACBSP Chiropractic Sports Sciences Symposium
Hollywood, FL May 2005

An 18-Month Retrospective Analysis Of The Prevalence Of Hyper-Reflexia In Patients Presenting With Cervical Spine Complaints. **Steven J. Tunnell, DC, DACBSP**, Joseph M Horrigan, DC, DACBSP, David Velasquez, DC, CSCS, Chad E. Moreau, DC, CCSP, CSCS, Soft Tissue Center at Diagnostic Interventional Spinal Care, Marina del Rey, CA.

Poster presentation
ACBSP Chiropractic Sports Sciences Symposium
Hollywood, FL May 2005

Comparison Of Cervical MRI Findings In Patients With Pathologic Reflexes. Joseph M Horrigan, DC, DACBSP, **Steven J. Tunnell, DC, DACBSP**, David Velasquez, DC, Chad E. Moreau, DC, CCSP, CSCS, Soft Tissue Center at Diagnostic and Interventional Spinal Care, Marina del Rey, CA.

Poster presentation
ACBSP Chiropractic Sports Sciences Symposium
Hollywood, FL May 2005

RESEARCH AND PRESENTATIONS continued

Inter-examiner Reliability of Diagnosis Based on History

Steven J. Tunnell, DC, David Velasquez, DC, Michael Textor, DC, CCSP, Soft Tissue Center, Los Angeles CA

Podium presentation

ACBSP Chiropractic Sports Sciences Symposium

Los Angeles, May 1997

Inter-examiner Reliability of Diagnosis Based on Examination

Steven J. Tunnell, D.C., David Velasquez, D.C., Michael Textor, D.C., Soft Tissue Center, Los Angeles CA

Chiropractic Sports Sciences Symposium

Podium presentation

ACBSP Chiropractic Sports Sciences Symposium

Los Angeles, CA May 1997

AWARDS

John N. Nash Award for Best Multi-Disciplinary Abstract

2007

ACBSP Chiropractic Sports Sciences Symposium