



Michael Gervais, Ph.D.

Licensed Psychologist, California Board of Psychology

PROFESSIONAL LICENSURE

California Board of Psychology
Licensed Psychologist, PSY 21807

EDUCATION

Ph.D., Clinical Psychology: Sport Psychology Specialization
San Diego University, Integrative Studies; San Diego, CA. 2004

M.A., Kinesiology: Sport and Exercise Psychology
California State University, Long Beach, CA. 1998

B.A., Psychology
Loyola Marymount University; Los Angeles, CA. 1993

EDUCATION ACCOMPLISHMENTS

- Graduated as SUMMACUMLAUDE, Doctoral and Master's Degree
- GRADUATE STUDENT HONORS AWARD, Doctoral and Master's Degree
- Graduated with DISTINCTION, Master's Degree
- Member of the DEAN'S ACADEMIC LIST, Undergraduate
- Selected as a member of the an academic HONOR SOCIETY (Phi Kappa Phi), Master's
- Achieved prestigious OUTSTANDING PSYCHOLOGY STUDENT award based on G.P.A.
- Outstanding ALUMMUNUS AWARD, Master's Degree
- Invited Alumni Commencement Speaker, Undergrad

PROFESSIONAL EXPERIENCE

PINNACLE PERFORMANCE CENTER, INC.

Title: Director of High Performance Psychology
Title: High Performance Psychologist, PSY 21897

HIGH PERFORMANCE PSYCHOLOGIST (Performers from:)

Professional Organizations:

NBA, NHL, NFL, MLB, MLS, AVP, UFC

Olympic Level Athletes:

USA Volleyball, US Soccer, US Figure Skating, USA Badminton, USA Speed Skating

University Athletes:

UCLA, USC, Princeton, Stanford, Univ. Penn, Michigan, FSU, CSULB

RED BULL: ACTION SPORTS DEVELOPMENT TEAM

Title: High Performance Psychologist, North America, 2009 - present

USS HARRY S. TRUMAN AIRCRAFT CARRIER (CVN 75)

Title: Performance Psychology Consultant, 2006 - 2008

ALL AMERICAN HEAVYWEIGHT BOXING TEAM

Title: Director of High Performance Psychology, 2007 - present

EDMONTON OILERS HOCKEY SUMMER CAMP

Title: Preparation for Excellence, 2007 - 2009

FOCUS-Mental Conditioning Coach Credential

Title: Curriculum and Program Author, 2006 - present

NFL COMBINE PREPARATION; Velocity Sports Performance, Athletes Performance

Title: The Next Level: Taking All Of It, 2005 - present

NIKE ATHLETE CAMPS (Soccer/Football)

Title: Lessons Learned From World Champions, 2007 - 2008

LONG BEACH ICE DOGS PROFESSIONAL HOCKEY TEAM

Title: Team Sport Psychology Consultant, 1999 - 2002

FULLERTON COLLEGE & IRVINE VALLEY COLLEGE

Title: Associate Professor

1) Exercise Psychology, 2) Sport Psychology & 3) Management for Fitness Professionals

MANHATTAN BEACH SCHOOL DISTRICT

Title: Consultant: Effective Programs for Youth Athletes

SOUTH BAY YOUTH PROJECT (CSAP, ADPA funded)

Title: Late Night Sports Director – Program Director/Founder, 1994 - present

Description: Life Skills & Drug Prevention for High School- and College-aged Adults

PRESENTATIONS

Red Bull High Performance Camp, Australia, 2010

Title: Exploring Psychological Limits With Elite Athletes

American Psychological Association, Toronto Canada, 2009

Title: Emotion Awareness and Regulation Training with Combat Sport Athletes.

United States Naval Base, San Diego, 2009

Title: High Performance When it Matters Most, RADD Readiness Tour.

NFL Combine Preparation: Velocity Sports Performance: Spring 2008

Title: Show 'em what you got. Thriving at the biggest job interview in sport.

Nike Football Development, Spring 2008

Title: Developing Inner Confidence

American Psychological Association, Boston, 2008

Title: Identifying and Developing Mental Skills Through Emotional Intelligence.

USS Truman Aircraft Carrier, Underway: Summer 2007

Title: Sustaining Superior Performance Under Pressure (Officer, Pilot, HODS Training).

USS Truman Aircraft Carrier, Virginia: RADD Military Readiness Program: 2007

Title: Military Readiness: Lessons Learned from World Champions.

NFL Combine Preparation: Athletes Performance Institute: Spring 2007

Title: Thriving Under Pressure: Getting to the Next Level.

NFL Combine Preparation: Velocity Sports Performance: Spring 2007

Title: Thriving Under Pressure: Getting to the Next Level.

Nike Premier 50 Soccer, Beaverton Oregon: Thriving Under Pressure: Summer 2007

Title: Tools to Thrive.

Palos Verdes School District: Spring 2007

Title: Developing Leaders: Lessons Learned from World Champions.

Princeton Hun Preparatory School: Fall 2006

Title: Developing Performance Excellence for Hun Student-Athletes.

Advancement for the Association of Applied Sport Psychology: Fall 2006

Title: An Examination of sport-based life skills programming. (poster)

Marymount College: Graduation Commencement Speech: 2006

Title: Toward Inner Passion.

AIT International: 2006

Title: Pursuing Excellence in the World of Business.

US NAVY Construction Force (CB's), Port Hueneme: 2005

Title: Performing Under Pressure – Military Readiness.

AIT International: 2005

Title: The Corporate Athlete – Getting an Edge for Sales.

Princeton (NJ) Alcohol and Drug Alliance: 2005

Title: Developing High Performance Teams – The Mind of a Champion.

South Bay Center for Counseling: Readiness Conference: 2005

Title: Developing Leadership for Youth

California Prevention Summit: 2004

Title: Examination of a Sport-Based Life Skills Program, Late Night Sports.

Performance Edge, Speed Skating Clinic, 2004

Title: Pursuing Excellence – Mental Speed Training

Mira Costa High School, Track and Field Team, 2004

Title: FOCUS – Finding Our Center Using Sport

EppicSurf.com, 2004

Title: Harnessing Emotions

Southern California Volleyball Club, 2004

Title: Pursuing Excellence Under Pressure

Princeton (NJ) Alcohol and Drug Alliance: 2004

Title: Leadership Development

Key Note Address: AdventurePlex Grand Opening

Title: Sport Psychology for Beach Cities Youth, November, 2002

National Prevention Network: Moving Research and Practice to Every Community

Title: Late Night Sports, Sport Psychology and Drug Prevention, November, 2002

International Journal of Sport Psychology

Title: Late Night Sports: A Psycho-Socio-Educational Model Of Drug Prevention for Inner-City Youth and Young Adults, May 2001

International Journal of Sport Psychology

Title: MBTI and Performance Enhancement, May 2001

International Journal of Sport Psychology

Title: How To Build A Business And Make Money In Sport Psychology, May 2001

Pinnacle Performance Center, Inc.

Title: How to Develop an Effective Youth Advisory Committee, June 1999

Team To Win, West Coast Sports Performance

Title: Developing Retention for Athletes, 2000

Team To Win, West Coast Sports Performance

Title: Coaches Seminar: Applied Sport Psychology, 2001

Beach Cities Health District

Title: Character Counts – Bringing into Your Organization, 2002

Amateur Athletic Foundation

Title: Sport Psychology Presenter, Coaching Program

Prevention Summit: Cutting Edge Programs

Title: Presenter: “Applied Sport Psychology for the field of Drug Prevention,” 1999

APPOINTMENTS

California State University, Long Beach

Position: Kinesiology Advisory Board
Velocity Sports Performance, Redondo Beach
Position: High Performance Advisory Board
BluMoon, LLC
Position: Advisory Board

PROFESSIONAL ASSOCIATIONS

American Psychological Association (APA)

Title: Member

Association for the Advancement of Applied Sport Psychology (AAASP)

Title: Member

International Society of Sport Psychology (ISSP)

Title: Member

RESEARCH (Papers and Presentations)

Gervais, M. (2009). National Academy of Sports Medicine (NASM). Chapter Title: Performance Psychology: Integrating Physical and Mental Training.

Gervais, M. (2008). **Emotion Awareness and Regulation Training with Combat Sport Athletes.** Paper presentation, Toronto Canada, APA.

Gervais, M. (2008). Achieving Success in Combat Sports Through Emotional Intelligence. Paper presentation, Boston, APA.

Papadogiannis, P., Logan, D., **Gervais, M.**, Mann, D., & Gorewich, A. (2008). Emotional Intelligence and Athletes' Attention Level: Individual and Group Findings. Paper presentation, Boston APA.

Papadogiannis, P., Logan, D., Mann, D., & **Gervais, M.** (2007). The Impact of Emotional Intelligence on Athletes' Level of Attention. Research paper presented at the 115th American Psychological Association Psychology Conference, San Francisco, CA.

Gervais, M. (2004). An examination of a sport-based life skills and alcohol and other drug prevention program: Late Night Sports. Unpublished doctoral dissertation.

Gervais, M. (2003, October). Late night sports: Using sport psychology to teach life skills. Paper presentation at the 6th Annual California Prevention Summit Conference for the California Prevention Collaborative, San Jose, CA.

Barbosa, H., Versari, C., & **Gervais, M.** (2003, October). Introduction to psychological type: A tool to enhance performance. Paper presentation at the 6th Annual California Prevention Summit Conference for the California Prevention Collaborative, San Jose, CA.

Gervais, M. (2001). Late night sports: A psycho-socioeducational model of drug prevention for inner-city youth and young adults. Proceedings of the International Society of Sport Psychology: 10th World Congress of Sport Psychology, Greece, 4, 325-327.