



Katrina M. Vlachos, M.D

Diplomate, American Board of Physical Medicine and Rehabilitation

EDUCATION

- 1986-1991 *UNIVERSITY OF CALIFORNIA, IRVINE*, Irvine, CA
Bachelor of Science Degree in Biological Sciences
- 1991-1995 *ST. LOUIS UNIVERSITY SCHOOL OF MEDICINE*, St. Louis, MO
Doctorate of Medicine

**POSTGRADUATE
TRAINING**

- 1995-1996 *HARBOR-UCLA MEDICAL CENTER*, Torrance, CA
Transitional Year Internship
- 1996-1999 *UNIVERSITY OF MICHIGAN HEALTH SYSTEMS*, Ann Arbor, MI
Physical Medicine & Rehabilitation

**EMPLOYMENT AND
PROFESSIONAL EXPERIENCE**

- 01/06-present *KATRINA M. VLACHOS, M.D., INC.*
Beverly Hills, CA
Private Practice
- 08/99-01/06 *GOLDSTEIN & PENENBERG ORTHOPEDIC ASSOCIATES*
Beverly Hills, CA
Private Practice-Employed
- 02/00-11/05 *CEDARS-SINAI MEDICAL CENTER*, Beverly Hills, CA
Medical Staff
- 10/05-02/07 *CENTURY CITY DOCTORS HOSPITAL*, Los Angeles, CA
Medical Staff
- 03/06-07/07 *CENTINELA-FREEMAN HOSPITAL SYSTEMS*, Marina del Rey, CA
Medical Staff

CERTIFICATION AND LICENSURE

ABPM&R Board Certified (6/00)
Michigan Medical Educational License (expired)
California State Medical License (active)

RESEARCH EXPERIENCE

1988-1990 *UNIVERSITY OF CALIFORNIA, IRVINE MEDICAL CENTER*, Irvine, CA
Research Assistant

AWARDS/HONORS

1995 Graduated *Summa Cum Laude*, St. Louis University School of Medicine
1995 Nominated to *Alpha Omega Alpha Medical Honor Society*
1989 *Athletic Scholarship*, University of California, Irvine Women's
 Volleyball Team
1987-1989 *Scholar-Athlete*, University of California, Irvine
1988 *Coach's Award*, University of California, Irvine Women's Volleyball
 Team
1986 *National Dean's List*, University of California, Irvine

PROFESSIONAL AFFILIATIONS

1996-2004 American Academy of Physical Medicine & Rehabilitation
1996-1999 Physiatrists Association of Spine, Sports, and Occupational Medicine
1995-present Alpha Omega Alpha
1991-1995 American Medical Association
1991-1995 American Medical Student Association

PRESENTATIONS

September 2007 *Exercise is the Best Medicine*
 Phase IV Training Facility

August 2000 *Lumbar DIScovery*
 Grand Rounds, University of Michigan Hospital

November 1998 *Acute Lower Extremity Swelling in a Child with Spinal Cord Injury*
 Abstract accepted for poster presentation at the 60th Annual
 Assembly of the Academy of Physical Medicine and Rehabilitation,
 Seattle, WA

PRESENTATIONS
CONTINUED

April 1998 *Stingers*
 Neuromuscular Conference, University of Michigan Hospital

January 1998 *Rotator Cuff Tendinopathy in Paraplegic Patients*
 Grand Rounds, University of Michigan Hospital

April 1998 *Spinal Stenosis*
 Grand Rounds, University of Michigan Hospital

PUBLICATIONS

1998 Vlachos, K.M., Nelson, V.S., et al, *Acute Lower Extremity Swelling in a Child with Spinal Cord Injury*. Abstract in Arch PM&R, Sept.1998; Vol 79; No 9; p1177.