



Eric Seth Millstein, M.D.

Diplomate, American Board of Orthopedic Surgery
Diplomate, American Academy of Orthopaedic Surgeons

Education

MD, University of Pennsylvania, Philadelphia, PA

July 1993 – June 1997

- George Marshall Award for Academic Excellence
- AOA
- Medical School Government

Rehabilitation Institute of Chicago

Summer Externship 1994

- Spinal Cord Injury
- Pediatric Rehabilitation

BA, University of Pennsylvania, Philadelphia, PA

September 1989 – May 1993

- Mathematics Major
- Magna Cum Laude
- Benjamin Franklin Scholar
- University Scholar
- Pi Mu Epsilon Honor Society
- Dean's List 1990-93

Duke University, Madrid, Spain

Duke-in-Spain, Summer 1992

- Spanish Art, Civilization and Government
- Spanish Fluency

Harvard University, Cambridge, MA

Summer 1998

- General Relativity
- Psychology
- Philosophy of Logic

Training

Orthopaedic Fellowship in Sports Medicine & Arthroscopy

Southern California Orthopedic Institute, Van Nuys, CA

August 2002 - December 2003

Orthopaedic Surgery Residency

University of Chicago Hospitals, Chicago, IL

June 1998 – June 2002

General Surgery Internship

University of Chicago Hospitals, Chicago, IL

June 1997 – June 1998

Teaching / Mentoring

Team Physician – Los Angeles Valley Junior College *2002*

Team Physician – Harvard/Westlake High School *2002*

Team Physician – Thornridge High School *1998-2001*

Team Physician – Rich East High School *2000-2001*

Course Director, “The Healer’s Art” University of Pennsylvania *1996-1998*

University of Pennsylvania Mentor / Tutor *1995-1997*

Personal care of Univ of Penn student with Duchenne Muscular Dystrophy *1994-1997*

Organizations

American Board of Orthopedic Surgery (ABOS)

American Academy of Orthopaedic Surgeons (AAOS)

American Orthopaedic Society for Sports Medicine (AOSSM)

Arthroscopy Association of North America (AANA)

American College of Sports Medicine (ACSM)

Research

“The Effect of Aging on the Tegner Activity Level” Rajesh Bazaz MD, Eric S. Millstein MD, Ronald P. Karzel MD. *AOSSM 2005 Annual Meeting*

“Arthroscopic Evaluation and Repair of the Subscapularis Tendon: A Reproducible Technique and Clinical Results” with Stephen J. Snyder, MD. *Poster Presentation at 2004 AAOS Annual Meeting, San Francisco, CA.*

“Arthroscopic-assisted Quadruple Bundle Hamstring ACL Reconstruction: 10-15 Year Follow-up” with James Fox, MD. *Poster presentation at 2003 AOSSM Annual Meeting, Quebec, Canada.*

“Arthroscopic Management of Partial, Full Thickness and Complex Rotator Cuff Tears: Indications, Techniques and Complications” with Stephen J. Snyder, MD.

- Arthroscopy* Instructional Course Lecture, 2003 Dec;19 Suppl 1:189-99
- “Rotator Cuff Tears: Arthroscopic Evaluation and Repair.” With Mark H. Getelman, MD and Stephen J. Snyder, MD. *Orthopedic Clinics of North America*, 34 (2003) 507-520.
- “ACL Injuries in the Skeletally Immature Athlete.” In Progress
- “Cyclical Testing of Distal Flexor Tendon to Bone Repairs: A Physiologic Cadaver Model” with Daniel P Mass, MD. 2000 – 2002
- “Primary Shoulder Sepsis” with Jeff Visotsky, MD. 2001 – 2002
- “BMP-2 Stimulation of Human Fibroblasts: Osteogenesis in Fibrodysplasia Ossificans Progressiva” with Fred Kaplan, MD. 1997

Presentations and Meetings

- “Arthroscopic-assisted Quadruple Bundle Hamstring ACL Reconstruction: 10-15 Year Follow-up” with James Fox, MD. *California Orthopaedic Association, 2004 Annual Meeting. Accepted for podium presentation at Argentina 2004: Congress of Arthroscopy and Sports Medicine.*
- “Arthroscopic-assisted Quadruple Bundle Hamstring ACL Reconstruction: 10-15 Year Follow-up” with James Fox, MD. *Poster presentation at 2004 AOSSM Annual Meeting, Quebec, Canada.*
- “Arthroscopic Evaluation and Repair of the Subscapularis Tendon: A Reproducible Technique and Clinical Results” with Stephen J. Snyder, MD. *Poster presentation at 2004 AAOS, San Francisco, CA.*
- “Primary Shoulder Sepsis” Eric Millstein, MD, Jeff Visotsky, MD. The 8th International Congress on Surgery of the Shoulder, April 2001.
- Sports Medicine of the Foot & Ankle (AOFAS) 2003
- AAOS Annual Meeting 2003
- AANA Fall Course 2002
- American Academy of Orthopaedic Surgeons 2001-2002
- University of Chicago Musculoskeletal Oncology Course 2000
- Orthopaedic Trauma Association 1999
- Midwest Fracture Symposium 1998-1999
- Northwestern Orthotics & Prosthetics Review 1998
- American Orthopaedic Foot & Ankle Society 1998-9